

## Core Survey

### Elementary School Questionnaire

2025-2026

This survey asks about your experiences related to your school and health.

This survey is voluntary. **You do not have to complete this survey**, but we hope that you will. We need your help!

Your answers will help improve your school.

Please read every question carefully.

**Thank you for taking this survey!**

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## Core Survey

1. Which of the following best describes your school schedule during the past 30 days?
  - A) I went to school in person at my school building for the entire day, Monday through Friday. [In-School Model]
  - B) I participated in school from home for the entire day on most or all weekdays and did not go to school in person. [Remote Learning Model]
2. Are you female or male?
  - A) Female
  - B) Male
3. What grade are you in?
  - A) 3rd grade
  - B) 4th grade
  - C) 5th grade
  - D) 6th grade
4. What is your race or ethnicity? (Mark All That Apply.)

|                                     |  |
|-------------------------------------|--|
| A) American Indian or Alaska Native | E) Native Hawaiian or Pacific Islander |
| B) Asian or Asian American          | F) White                               |
| C) Black or African American        | G) Something else                      |
| D) Hispanic or Latino/a             |  |
5. Did you eat breakfast this morning?
  - A) No
  - B) Yes
6. How many days a week do you usually go to your school's afterschool program?
  - A) 0 days
  - B) 1 day
  - C) 2 days
  - D) 3 days
  - E) 4 days
  - F) 5 days

## Core Survey

7. What time did you go to bed last night?

- A) Before 9:00 pm
- B) Between 9:00 pm and 10:00 pm
- C) Between 10:00 pm and 11:00 pm
- D) Between 11:00 pm and midnight
- E) After 12:00 am

8. In the past 30 days, how often did you miss an entire day of school for any reason?

- A) I did not miss any days of school in the past 30 days
- B) 1 day
- C) 2 days
- D) 3 or more days

**The next questions ask about your relationships with people at school and your learning experiences.**

9. Do you feel close to people at school?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

10. Are you happy to be at this school?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

11. Do you feel like you are part of this school?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

## Core Survey

**12. Are the students at your school motivated to learn?**

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

**13. Do teachers treat students fairly at school?**

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

**14. Is your school building neat and clean?**

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

**15. Do the teachers and other grown-ups from your school check on how you are feeling?**

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

**16. Are you given a chance to help decide school activities or rules?**

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

**17. Do the teachers and other grown-ups at school care about you?**

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

## Core Survey

18. Do the teachers and other grown-ups at school tell you when you do a good job?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

19. Do the teachers and other grown-ups at school ask you about your ideas?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

20. Do the teachers and other grown-ups give you a chance to solve school problems?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

21. Do you get to do interesting activities at school?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

22. Are you given a chance to help decide class activities or rules?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

23. Do your teachers ask you what you want to learn about?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

## Core Survey

24. How well do you do in your schoolwork?

- A) I'm one of the best students
- B) I do better than most students
- C) I do about the same as others
- D) I don't do as well as most others

25. Do the teachers and other grown-ups at school listen when you have something to say?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

26. Do the teachers and other grown-ups at school believe that you can do a good job?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

27. Do you do things to be helpful at school?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

28. Do the teachers and other grown-ups at school make an effort to get to know you?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

29. Do the teachers and other grown-ups at school want you to do your best?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

## Core Survey

30. Are the school rules fair?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

31. Do teachers and other grown-ups at school treat students with respect?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

32. Are students treated fairly when they break school rules?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

33. Are students at this school well behaved?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

34. Do students know what the rules are?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

35. Does your school help students resolve conflicts with one another?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

## Core Survey

36. Does your school teach students to understand how other students think and feel?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
37. Does your school teach students to feel responsible for how they act?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
38. Does your school teach students to care about each other and treat each other with respect?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
39. Do the teachers and other grown-ups make it clear that bullying is not allowed?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
40. If you tell a teacher that you've been bullied, will the teacher do something to help?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
41. Do students at your school try to stop bullying when they see it happening?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time

## Core Survey

42. Do you get really bored at school?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
43. Do you finish all your school assignments?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
44. When you get a bad grade, do you try even harder the next time?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
45. Do you keep working and working on your schoolwork until you get it right?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
46. Do you keep doing your schoolwork even when it's really hard for you?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
47. Do you follow the classroom rules?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time

## Core Survey

48. Do you follow the playground rules at recess and lunch times?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
49. Do you listen when your teacher is talking?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
50. Are you nice to other students?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
51. During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
52. Do other kids hit or push you at school when they are not just playing around?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
53. Do other kids at school spread mean rumors or lies about you?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time

## Core Survey

54. During the past year, did you ever bring a gun or knife to school?
- A) No
  - B) Yes
55. Do other kids at school call you bad names or make mean jokes about you?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
56. During the past year, have you ever seen another kid with a gun or knife at school?
- A) No
  - B) Yes
57. Do you feel safe at school?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
58. Do you feel safe on your way to and from school?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
59. Have other kids at school ever teased you about what your body looks like?
- A) No
  - B) Yes

## Core Survey

**These next questions are about how you felt over the past 30 days.  
Please choose the answer that best describes you.**

**60. Do you feel good and happy?**

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

**61. Do you feel sad?**

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

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## Core Survey

The next questions are about cigarettes, vaping, alcohol, and other drugs.

**Keep the following definitions in mind**

- **One drink of alcohol** means drinking one regular size can/bottle of beer or hard seltzer, one glass of wine, one mixed drink, or one shot glass of liquor. Questions about alcohol do not include drinking a few sips of wine for religious purposes.
- **Drug** means any substance you use to get “high” or for reasons other than medical (as ordered by a doctor).

62. Have you ever smoked a cigarette?
- A) No
  - B) Yes, I smoked a part of a cigarette, like one or two puffs
  - C) Yes, I smoked a whole cigarette
63. Have you ever vaped?
- A) No
  - B) Yes
64. Have you ever drunk beer, wine, or other alcohol?
- A) No
  - B) Yes, I drank one or two sips
  - C) Yes, I drank a full glass
65. Have you ever sniffed something through your nose to get “high”?
- A) No
  - B) Yes
66. Have you ever used any marijuana (smoke, vape, eat, or drink)?
- A) No
  - B) Yes
  - C) I don’t know what marijuana is
67. Do you think smoking cigarettes is bad for a person’s health?
- A) No, not bad
  - B) Yes, a little bad
  - C) Yes, very bad

## Core Survey

68. Do you think vaping is bad for a person's health?

- A) No, not bad
- B) Yes, a little bad
- C) Yes, very bad

69. Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?

- A) No, not bad
- B) Yes, a little bad
- C) Yes, very bad

70. Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person's health?

- A) No, not bad
- B) Yes, a little bad
- C) Yes, very bad
- D) I don't know what marijuana is

**Here are questions about your home.**

71. Does a parent or some other grown-up at home care about your schoolwork?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

72. Does a parent or some other grown-up at home believe that you can do a good job?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

73. Does a parent or some other grown-up at home want you to do your best?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

## Core Survey

74. Does a parent or some other grown-up at home ask if you did your homework?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

75. Does a parent or some other grown-up at home check your homework?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

76. Does a parent or some other grown-up at home ask you about school?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

77. Does a parent or some other grown-up at home ask you about your grades?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

## Social Emotional Health Module

## SUPPLEMENT 1

1. Do you get along or work well with students who are different from you?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

2. Do you enjoy working with other students?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

3. Do you try to understand how other people feel?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

4. Do you feel bad when someone else gets their feelings hurt?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

5. Do you try to understand what other people go through?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

6. Do you feel thankful to go to your school?

- A) No, never
- B) Yes, some of the time
- C) Yes, most of the time
- D) Yes, all of the time

## Social Emotional Health Module

## SUPPLEMENT 1

7. **Do you listen to other students' ideas?**
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
8. **Can you do most things if you try?**
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
9. **Can you work out your problems?**
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
10. **Are there many things you do well?**
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
11. **Do you know where to go for help with a problem?**
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
12. **Do you try to work out your problems by talking or writing about them?**
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time

## Social Emotional Health Module

## SUPPLEMENT 1

13. When you need help, do you find someone to talk with about it?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
14. Are you thankful when you get to learn new things at school?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
15. Do you get really excited when you learn something new at school?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
16. When you have a problem at school, do you think it will get better in the future?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
17. Are you thankful to have nice teachers at your school?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
18. Do you expect that you will feel happy during class time?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time

## Social Emotional Health Module

## SUPPLEMENT 1

19. Do you wake up in the morning excited to go to school?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
20. Do you feel positive that good things will happen to you at school?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
21. Do you get excited about your schoolwork?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
22. Do you feel positive that you will have fun with your friends at school?
- A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time

Please tell us how true each statement is for you.

23. I have a friend my age who really cares about me.
- A) Not at all true
  - B) A little true
  - C) Pretty much true
  - D) Very much true

## Social Emotional Health Module

## SUPPLEMENT 1

24. **I have a friend my age who helps me when I am having a hard time.**

- A) Not at all true
- B) A little true
- C) Pretty much true
- D) Very much true

25. **I have a friend my age who talks with me about my problems.**

- A) Not at all true
- B) A little true
- C) Pretty much true
- D) Very much true

**For the next questions, please think about your learning in general.**

26. **Challenging myself won't make me any smarter.**

- A) Not at all true
- B) A little true
- C) Pretty much true
- D) Very much true

27. **There are some things I am not capable of learning.**

- A) Not at all true
- B) A little true
- C) Pretty much true
- D) Very much true

28. **If I am not naturally smart in a subject, I will never do well in it.**

- A) Not at all true
- B) A little true
- C) Pretty much true
- D) Very much true

## Social Emotional Health Module

## SUPPLEMENT 1

**The next questions ask you to describe how satisfied you feel about different parts of your life.**

29. I would describe my satisfaction with my family life as...
- A) Very dissatisfied
  - B) Dissatisfied
  - C) A little dissatisfied
  - D) A little satisfied
  - E) Satisfied
  - F) Very satisfied
30. I would describe my satisfaction with my friendships as...
- A) Very dissatisfied
  - B) Dissatisfied
  - C) A little dissatisfied
  - D) A little satisfied
  - E) Satisfied
  - F) Very satisfied
31. I would describe my satisfaction with my school experiences as...
- A) Very dissatisfied
  - B) Dissatisfied
  - C) A little dissatisfied
  - D) A little satisfied
  - E) Satisfied
  - F) Very satisfied
32. I would describe my satisfaction with myself as...
- A) Very dissatisfied
  - B) Dissatisfied
  - C) A little dissatisfied
  - D) A little satisfied
  - E) Satisfied
  - F) Very satisfied

## Social Emotional Health Module

## SUPPLEMENT 1

**The questions below ask you how you feel. There are no right or wrong answers. You should just pick the answer which is best for you.**

- 33. I feel lonely.**
- A) Never
  - B) Sometimes
  - C) Often
  - D) Always
- 34. I am unhappy.**
- A) Never
  - B) Sometimes
  - C) Often
  - D) Always
- 35. Nobody likes me.**
- A) Never
  - B) Sometimes
  - C) Often
  - D) Always
- 36. I worry a lot.**
- A) Never
  - B) Sometimes
  - C) Often
  - D) Always
- 37. I have problems sleeping.**
- A) Never
  - B) Sometimes
  - C) Often
  - D) Always

## Social Emotional Health Module

## SUPPLEMENT 1

**38. I feel scared.**

- A) Never
- B) Sometimes
- C) Often
- D) Always

**39. I worry when I am at school.**

- A) Never
- B) Sometimes
- C) Often
- D) Always

FOR REFERENCE ONLY

## TUPE Module

## In-School Only

## SUPPLEMENT 1

1. Have you smoked a cigarette in the **last 30 days**?
  - A) No
  - B) Yes
2. Have you vaped in the **last 30 days**?
  - A) No
  - B) Yes
3. Is smoking cigarettes allowed inside your home?
  - A) No
  - B) Yes
  - C) Don't know
4. Is vaping allowed inside your home?
  - A) No
  - B) Yes
  - C) Don't know
5. Do any of your friends smoke cigarettes?
  - A) No
  - B) Yes
6. Do any of your friends vape?
  - A) No
  - B) Yes
7. In the **last 30 days**, have you seen any students smoke cigarettes at school?
  - A) No
  - B) Yes

## TUPE Module

## In-School Only

## SUPPLEMENT 1

8. In the **last 30 days**, have you seen any students vape at school?
- A) No
  - B) Yes
9. How wrong would your close friends feel it would be if you **smoked cigarettes**?
- A) Very wrong
  - B) Wrong
  - C) A little wrong
  - D) Not at all wrong
10. How wrong would your close friends feel it would be if you **vaped**?
- A) Very wrong
  - B) Wrong
  - C) A little wrong
  - D) Not at all wrong
11. Do you think you will **smoke a cigarette** at any time during the next year?
- A) Definitely not
  - B) Probably not
  - C) Probably yes
  - D) Definitely yes
12. Do you think you will **vape** at any time during the next year?
- A) Definitely not
  - B) Probably not
  - C) Probably yes
  - D) Definitely yes

## TUPE Module

## In-School Only

## SUPPLEMENT 1

13. If you wanted to get a cigarette, how easy or difficult would it be?
- A) Very easy
  - B) Fairly easy
  - C) Fairly difficult
  - D) Very difficult
14. If you wanted to get a vape, how easy or difficult would it be?
- A) Very easy
  - B) Fairly easy
  - C) Fairly difficult
  - D) Very difficult
15. In the **last 12 months**, did any of your classes or school activities talk about how smoking cigarettes is bad for a person's health?
- A) No
  - B) Yes
16. In the **last 12 months**, did any of your classes or school activities talk about how vaping is bad for a person's health?
- A) No
  - B) Yes