

October 2025 Breakfast Menu



Sun Mon Tue Wed Thu Fri Sat

*Menu subject to change without notice			1 French Toast Sticks w/ Syrup Fruit Milk	2 Cinnamon Protein Round Fruit Milk	3 Yogurt Parfait w/ Berries Granola Cup Milk	4
5	6 Honey Grahams Yogurt Fruit Milk	7 Whole Wheat Pancakes w/ Syrup Fruit Milk	8 Cold Cereal Bowl Cheese Stick Fruit Milk	9 Apple Nutri-Grain Breakfast Bar Fruit Milk	10 Cinnamon Spice Oatmeal Berries Milk	11
12	13 Oatmeal Raisin Protein Bar Strawberry Yogurt Fruit & Milk	14 Sausage, Egg Patty, & Cheese Sandwich Fruit Milk	15 Golden Waffles w/ Syrup Cup Berry Cup Milk	16 Ham & Cheese Morning Quesadilla Salsa Fruit & Milk	17 Pancake On a Stick Fruit Milk	18
19	20 Warm English Muffin w/ Jam Fruit Milk	21 Vanilla Bear Fruit Smoothie Sliced Apples Milk	22 Scramble Eggs Hash Brown Raisins Milk	23 Kix Cereal Bowl Mozz Cheese Stick Fruit Milk	24 Pancakes Banana Yogurt Fruit Milk	25
26	27 Brown Sugar Oatmeal Strawberries Milk	28 Sausage & Cheese Breakfast Pizza Fruit Milk	29 Blueberry Pancake Mini Loaf Fruit Milk	30 Nutri- Grain Bar Gogurt Fruit & Milk	31 Boo- Berry Parfait Granola Cup Milk	"This institution is an equal opportunity pro- vider"