

# September 2023

## Breakfast Menu



| Sun                                    | Mon  | Tue  | Wed   | Thu  | Fri  | Sat |
|--|--|--|---|--|--|-----|
| *Menu subject to change without notice | “This institution is an equal opportunity provider”    |  |   |  | 1 Chocolate Chip Breakfast Bar<br>Fruit<br>Milk    | 2   |
| 3                                      | 4 <b>Holiday - No School</b><br><i>HAPPY Labor Day</i> | 5 Cereal Bowl<br>Fruit<br>Milk                 | 6 Waffles<br>w/ Syrup<br>Fruit<br>Milk                    | 7 Sausage, Egg & Cheese Scramble<br>Mini Bagel<br>Fruit & Milk | 8 Cereal Bowl<br>Yogurt<br>Fruit<br>Milk           | 9   |
| 10                                     | 11 Bear Graham<br>Vanilla Yogurt<br>Fruit<br>Milk      | 12 Pancakes<br>w/ Syrup<br>Berries<br>Milk     | 13 Cereal Bowl<br>Fruit<br>Milk                           | 14 Banana Chocolate Breakfast Bar<br>Gogurt<br>Fruit & Milk    | 15 Cinnamon Spice<br>Oatmeal<br>Fruit<br>Milk      | 16  |
| 17                                     | 18 Cereal Bowl<br>Fruit<br>Milk                        | 19 Cinnamon Round<br>Gogurt<br>Fruit<br>Milk   | 20 Yogurt Parfait<br>w/ Berries<br>Graham Cracker<br>Milk | 21 Ham, Egg & Cheese<br>Breakfast Sandwich<br>Fruit<br>Milk    | 22 Cereal Bowl<br>Fruit<br>Milk                    | 23  |
| 24                                     | 25 Brown Sugar<br>Oatmeal<br>Berries<br>Milk           | 26 Pancake On a Stick<br>Syrup & Fruit<br>Milk | 27 Cereal<br>Cheese Stick<br>Fruit<br>Milk                | 28 Breakfast Bar<br>Yogurt<br>Fruit<br>Milk                    | 29 Bagel<br>w/ Cream Cheese<br>Apple Juice<br>Milk | 30  |