

# October 2023 Lunch Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Teriyaki Chicken Rice Green Beans Fruit & Milk	3 Breakfast Sandwich For Lunch!!! Baby Carrots Banana & Fruit	4 Toasted Cheese Sandwich Baked Beans Fruit & Milk	5 Hot Dog Fresh Broccoli w/ Ranch Fruit & Milk	6 Shepherds Pie Mashed Potatoes Soft Roll Fruit & Milk	7
8	9 Turkey & Cheese Sub Steamed Carrots Fruit & Milk	10 Sloppy Joe On a Bun Sweet Corn Fruit & Milk	11 Turkey Tostada Bowl Seasoned Pinto Beans Fruit & Milk	12 Chicken Fillet Sandwich Celery Sticks Fruit & Milk	13 Pizza Spring Mix Salad w/ Ranch Fruit & Milk	14
15	16 Cheese Quesadilla w/Salsa Steamed Corn Fruit & Milk	17 Beef Stroganoff Spinach Salad Roll Fruit & Milk	18 Fish Sticks w/ Homemade Tartar Rice & Carrots Fruit & Milk	19 Soft Chicken Taco Salsa & Cheese Beans Fruit & Milk	20 BBQ Pulled Pork Sandwich Celery Fruit & Milk	21
22	23 Fajitas w/ Chicken Carrot Sticks Fruit & Milk	24 Taco Salad w/ Seasoned Beef Tortilla Chips Beans, Fruit & Milk	25 Chicken a la King Roll Green Beans Fruit & Milk	26 Orange Chicken Rice Broccoli Fruit & Milk	27 Cheeseburgers Tater Tots Pickle Chips Fruit & Milk	28
29	30 Beef Taco Salsa & Cheese Cup Lettuce Shred, Beans Fruit & Milk	31 Chef Boyardee Raviolis Spooky Strawberries Veggie & Milk			*Menu subject to change without notice	"This institution is an equal opportunity pro- vider"