October 2023 Breakfast Menu



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Cereal Bowl	3 Sausage, Egg, Cheese	4 Cinnamon Round	5 Pancake On a	6 Vanilla Bear	7
	Fruit	Scramble	Gogurt	Stick	Graham	
	Milk	Graham Cracker	Fruit	Syrup & Fruit	Yogurt	
		Fruit & Milk	Milk	Milk	Fruit & Milk	
8	9 Banana Chocolate	10 Cinnamon Spice	II Fresh Bagel	12 Yogurt Parfait	13 Cereal Bowl	14
	Bar	Oatmeal	w/Cream Cheese	w/ Berries	Fruit	
	Fruit Cup	Applesauce	Fruit	Granola	Milk	
	Milk	Milk	Milk	Milk		
15	16 Pancakes	17 Cereal Bowl	18 Scramble Eggs	19 Chocolate Chip	20 French Toast	21
	w/Syrup	Cheese Chunks	Hash Browns	Breakfast Bar	Sticks w/ Syrup	
	Gogurt	Fruit	Graham Crackers	Yogurt	Banana	
	Fruit & Milk	Milk	Fruit & Milk	Fruit & Milk	Milk	
22	23 Vanilla Yogurt	24 Waffles	25 Sausage Pancake	26 Cereal Bowl	27 Oatmeal Raisin	28
	Cinnamon Grahams	w/Syrup	Wrap	Cheese Stick	Breakfast Bar	
	Fruit	Berries	Fruit	Fruit	Fruit	
	Milk	Milk	Milk	Milk	Milk	
29	30 Brown Sugar	31 Boo– Berry Parfait			*Menu subject to	"This institution is an
	Oatmeal	Granola Cup			change without notice	equal opportunity pro- vider"
	Cranberries	Milk				AIGEI
	Milk					